



MO	DI	MI	DO	FR	SA	SO
						8.30 - 10.00 Performance Training
	10.00 - 11.00 BODY Power		10.00 - 11.00 BODY Power			10.15 - 11.45 Performance Training
					11.00 - 12.00 YOGA	
18.00 - 19.00 Muscle Power	18.00 - 19.30 Performance Training	18.30 - 19.30 YOGA	18.15 - 19.45 Performance Training	17.30 - 18.30 BODY Power		
19.30 - 20.45 YOGA	19.30 - 20.45 Performance Training	20.00 - 21.00 ZUMBA®	20.00 - 21.30 Performance Training			